

**Sunday, February 8, 1:00pm-5:00pm**  
The Yorktown Stage and the Yorktown Community Cultural Center

# Save A Life.

**Save A Life** is a program designed to inform and empower high school students and adults to become community allies and first responders to support teens and families in crisis.

**Featuring:**

- \*Screening of local documentary *Whispering Spirits*
- \*Interactive Workshops and Informational Exhibits
- \*Taste of Yorktown for all participants

**Participants will receive program certificates for their resumes and 4 hours of community service!**

**Limited Seating! FREE registration includes a Save A Life t-shirt**

**Must Register Online: [www.SaveALife2015.eventbrite.com](http://www.SaveALife2015.eventbrite.com)**

For more information, contact [events@allianceforsafekids.org](mailto:events@allianceforsafekids.org) or call 736-1450.



***By devoting just one Sunday afternoon- a single afternoon of your life- you can take the first steps toward saving a friend...***

**FEATURE FILM:**

Recently released at Jacob Burns Film Center, The 2015 Save A Life will feature a private screening of ***Whispering Spirits*** which tells the story of Yorktown's Justin Veatch, a talented musician who tragically died of a drug overdose at the age of seventeen. The film follows Jeffrey, Justin's father, as his family grapples with their devastating loss while reconnecting with him through the music he left behind. The film will be followed by comments from Yorktown resident, Jeffrey Veatch.

**INTERACTIVE WORKSHOPS FOR HIGH SCHOOL STUDENTS:**

**The Dating Game - Hope's Door** presents a role-play workshop to recognize and discuss harmful behaviors in a dating relationship. Empower yourself with the skills to distinguish between relationships based on power and control and those based on equality, respect and trust.

**House Parties: Alcohol Drugs and the Law -Yorktown Police Department** presents, "What could happen if you are drinking, not drinking, driving under the influence, hooking up or destroying property?"

**Youth Mental Health - The Community Network Team** provides awareness to improve knowledge, reduce stigmatizing attitudes and increase first aid actions for illnesses such as: depression, anxiety, eating disorders, psychosis, substance use and abuse, attention deficit, disruptive behavior, non-suicidal self-injury and suicidal thoughts and behaviors.

**Alcohol Poisoning and Drug Abuse - Phelps Hospital** educates teens on the various packaging of alcohol and drugs, various signs of alcohol poisoning and drug overdoses and the ability to recognize and respond to a dangerous situation.

**INTERACTIVE WORKSHOPS FOR ADULTS:**

**Youth Mental Health First Aid Course Awareness – presented by Dara Caputo LCSW-R and St. Christopher's Inc.** Sometimes first aid isn't a bandage or CPR, or the Heimlich or calling 911...sometimes first aid is YOU. Learn more about the next Yorktown Mental Health First Aid 8-hour Training Course.

**Choices: What will you do?** A local documentary about the pitfalls of substance abuse including personal stories by Yorktown-area teens. Filmmaker David Levin and Substance Abuse Professionals available for Q&A.

**INFORMATIONAL EXHIBITS:** SHOWCASING DOZENS OF LOCAL ORGANIZATIONS AND RESOURCES INCLUDING THE WESTCHESTER COUNTY DRIVING SIMULATOR AND CRASHED CAR

**CELEBRATION!!!** All **Save A Life Participants** will be rewarded with the annual **Taste of Yorktown** experience: a room filled with signature dishes from local restaurants and the opportunity to vote for their favorite... Peter Pratt's, Jewel of Himalaya, Destination Bistro, Little Sorrento's, Savannah's, Don Tommaso's, Thyme, Murphy's, Kirby's Grill, Finnegan's Grill, O'Grady's or Bob-B-Q's?

**The mission of the Alliance for Safe Kids is to promote awareness and prevention of substance use/abuse and other destructive behaviors damaging to our youth.**

**ASK ... Working Together to Strengthen the Safety Net for our Youth**

