



Save A Life

Sunday, April 2, 12:00 pm - 5:00 pm

Lakeland High School, Shrub Oak, NY

Save A Life is a program designed to inform and empower high school students and adults to become community allies and first responders to support teens and families in crisis.

***Keynote Speaker Jacy Good**, a nationally-recognized public speaker and advocate for cell-free roads after an accident involving a distracted driver killed both her parents and left her partially paralyzed.

***Honoree Tara Rosenblum**, News 12 Anchor, with her award-winning 'Hooked on Heroin' coverage. With the use of heroin rising over the past few years in the Hudson Valley, Tara took an in-depth look at the heroin epidemic and the lives of those who have been impacted.

***Extraordinary Interactive Workshops and Exhibits** (Listed on Back)

***Taste of Yorktown**

Signature dishes from 15 restaurants to celebrate ALL participants.

FREE Online Registration (Required): AllianceforSafeKids.org/SaveALife

Registration is free. Participants will receive program certificates for their resumes and 5 hours of community service.

Questions? Contact the Alliance for Safe Kids at: events@allianceforsafekids.org or (914) 736-1450

www.AllianceforSafeKids.org

In just one afternoon, you can learn how to Save A Life...

Become more informed. Notice when something is wrong. Know where to find help.

HIGH SCHOOL STUDENT WORKSHOPS:

- *House Parties
- *True Bud: Marijuana
- *Understanding the Heroin Epidemic
- *The Dating Game
- *Tobacco, E-Cigs & Vaping 101
- *Eating Disorders & Other Harmful Behaviors
- *EMT/Emergency Room Visits – Alcohol Poisoning & Drug Overdose
- *Driving Safety
- *Transitioning to College: Safeguard Tools
- *Youth Mental Health First Aid
- *Stress and Anxiety
- *Healthy Body Image

ADULT WORKSHOPS:

- *Youth Mental Health First Aid
- *Hidden in Plain Sight: Signs of Alcohol & Drug Abuse and How to Help
- **It's Just a House Party...What Could Go Wrong?*
Video followed by Community Panel Discussion: police department, court justice, doctor, substance abuse counselor, college adviser

INFORMATIONAL EXHIBITS:

Showcasing dozens of local organizations and resources including the Westchester County Driving Simulator and DUI Crashed Car.

A Special Thank You to Our Underwriting Sponsors:



The mission of the Alliance for Safe Kids is to promote awareness and prevention of substance use/abuse and other destructive behaviors damaging to our youth.

ASK...Working Together to Strengthen the Safety Net for our Youth

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