



Save A Life.

Save A Life is a program designed to inform and empower youth and adults to be community allies and first responders to support teens and families in crisis.

Sunday March 11, 3-6 pm
The Yorktown Stage and Community Center

For more information: www.facebook.com/YorktownSaveALife

Since 2005, there have been over 25 deaths in the Yorktown Cortlandt Manor communities alone, deaths that have been attributed to drugs and alcohol abuse, depression, as well as physical abuse, bullying and violence. It's time to break the cycle of death, sorrow and regret.

By devoting just three hours of your time—a single afternoon out of your life—you can take the first steps towards saving one.



Keynote Speaker

Taryn Grimes-Herbert

*From Bystander to Ally:
How to Transform Bullying Behaviors
in Teens and Adults.*

Taryn Grimes Herbert is a Creative Dramatics Specialist and author of the "I've Got" character-building book series for children. Taryn is also an award-winning producer, parenting columnist, Broadway, film, and television actress, mother of two, and the 2010 Women of Achievement in the Arts honoree for Orange County, New York.

Most importantly, she's parented a bullied child. Through her experience, she learned how to communicate with educators, help families survive bullying behavior, and provide children with the tools they'll need to thrive in any social situation.

Ms. Grimes-Herbert has served on numerous Anti-Bullying Committees and has been called upon by the CNN/TruTV's "In Session" to comment on court cases focused around bullying. Through radio interviews and personal appearances, she continues to speak out about the importance of building a bridge between parents and educators to reach a common goal — developing character, mutual respect, and a sense of hope in the next generation.

Adult Workshops

The Adult Workshops seek to provide information to equip families for situations before they arise, for neighbors and friends in providing support, and intervention strategies for change and hope in the home and in the community.

When to Take Action: The Signs, The Stages, The Strategies.

Rita Argiros
*Founder, The Family Foundation School
and Educator*

Michael Losicco
The Family Foundation School and Educator

Westchester Crisis Prevention
and Response Team

Trouble with the Law: How to use the Cops, the Courts and Even Jail to Help Your Kid Get Back on Track

Detective Brian Shanahan
Yorktown Police Department

Honorable Salvatore Lagonia
Yorktown Justice

Laura Forbes
Westchester Assistant District Attorney

Suicidal Teens and Neighbors: Learning the QPR Strategy

Dr. Barbara Bernstein, PhD, MPH
*Westchester Putnam
Suicide Prevention Coalition*

Parents talking with Parents: Sharing experience, strength, and hope.

Re-establishing stability in homes with troubled teens and young adults

Families Anonymous

Teen Workshops*

The Teen Workshops are for those youth who are the "go to" person in their group of friends. It's training for teens, by teens and other experts.

Being an Ally and Doing Compassionate Confrontations

Improbable Players

How to be a Friend When Your Friend is back from Rehab

Alumni of Family Foundation School

Saving my Friend's Life: What Are the Danger Signs, and How do I Take Action?

Jeffrey Veatch
Justin Veatch Fund

Casey Ellen Forde, BSN RN
Marjorie Reda BSN, RN, CEN, CCRN
*Emergency Department
Hudson Valley Hospital Center*

My Friend is Talking About Suicide: Steps to Help.

Maria Idoni
American Foundation for Suicide Prevention

**The 911 Good Samaritan Law, a law recently passed in New York State, aims to save lives by encouraging people who witness drug overdoses to call 911 without fear of arrest. The law provides legal immunity for drug possession prosecution both for the person who overdoses and his/her companion who calls for help.*

Students attending Save A Life will be eligible to receive 3 hours of community service credit and will receive a signed certificate.

Contact Us

For more information:

"Like" us at www.Facebook.com/YorktownSaveALife

Or contact Alliance for Safe Kids at:
Info@AllianceforSafeKids.org
(914) 736 1450

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Alliance for Safe Kids

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*Alliance for Safe Kids
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The Family Foundation School
St. Andrew's Lutheran Church
St. Elizabeth Ann Seton Church
Hendrick Hudson High School
Lakeland High School
St. Mary's Episcopal Church
Shrub Oak United Methodist
Student Assistance Services
Temple Beth Am
Walter Panas High School
Westchester Mental Health Services
Westchester Crisis Team
Yorktown High School
Yorktown Jewish Community Center
Yorktown Methodist Church
Yorktown Police Department
Yorktown Presbyterian Church
Yorktown Teen Center
Yorktown Youth Court
SJV|NY Design*

And You.

Save A Life is presented by:

**The Yorktown
Interfaith
Ministerial
Association**



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