

HELPFUL HOTLINES & WEBSITES

24/7 NYS Alcohol Abuse Helpline: 877.846.7369

24/7 Drug Abuse Hotline: 877.846.7369

LGBT Helpline: 800.246.7743

www.glnh.org

National Suicide Prevention Lifeline: 800.273.8255

www.suicidepreventionlifeline.org

National Teen Dating Abuse Helpline: 866.331.9474

www.loveisrespect.org

National Youth Crisis Hotline: 800.442.4673

Save A Life

Alliance for Safe Kids

French Hill School Building
2051 Baldwin Road, Suite 112
Yorktown Heights, NY 10598
(914) 736-1450

www.AllianceforSafeKids.org



Save A Life is presented by:

Save A Life.

Sunday April 14, 2-4pm

Yorktown Community & Cultural Center

Student Edition

Save A Life is a program designed to inform and empower youth and adults to be community allies and first responders in support of teens and families in crisis.

Since 2005, there have been over 25 deaths in the Yorktown Cortlandt Manor communities alone, deaths that have been attributed to drugs and alcohol abuse, depression, as well as physical abuse, bullying and violence. It's time to break the cycle of death, sorrow, and regret.

Featured Speakers

Javier Sanchez is a product of effective, cutting edge, youth leadership programming and now wants every young person he comes in contact with to have the same opportunity to experience life to the fullest that he has had.

Since 1992, Javier has been an advocate for youth and has been encouraging teens to realize that once they catch a vision and a sense of purpose for their life, there are NO LIMITS to their potential. He believes that positive change comes when people get beyond wanting, wishing, or hoping it happens, but actually take the steps to make it happen.

As a professional spokesperson, Javier incorporates his expertise in the area of effective youth empowerment with his love for Hip Hop music and comedy. He writes, produces, and performs his material at schools, youth conferences, churches, and community events across the United States and around the globe.

Michael Nerney is a consultant in Substance Abuse Prevention and Education, with over 33 years' experience in the field. As the former Director of the Training Institute of Narcotic and Drug Research, Inc. (NDRI), his responsibilities included the management of a statewide training system which delivered over 450 training programs to substance abuse treatment and prevention professionals annually.

Mr. Nerney's understanding of adolescent issues comes from 12 years' experience as a teacher and coach and 4 years' experience in the chemical dependency field as a substance abuse counselor and Director of the Drug Abuse Prevention Council. He has been a consultant for two major television networks and has appeared on "20/20".

Mr. Nerney is an internationally known lecturer, and has served as consultant to a number of federal and state agencies.

ALCOHOL POISONING

Alcohol poisoning is something that shouldn't be taken lightly. A little responsibility can potentially save the life of someone you love.

Signs of Alcohol Poisoning

Irregular breathing	Heavy vomiting
Severe mental confusion	Unusually low body temperature
Cannot be woken up	Extremely pale/bluish skin color

GOOD SAMARITAN LAW

The 911 Good Samaritan Law, a law recently passed in New York State, aims to save lives by encouraging people who witness drug overdoses to call 911 without fear of arrest. The law provides legal immunity for drug possession prosecution both for the person who overdoses and his/her companion who calls for help.

TEST YOUR KNOWLEDGE

1. If you suspect your friend has alcohol poisoning, what can happen if you let them just "sleep it off"?
 - A. Seizures
 - B. Permanent Brain Damage
 - C. Death
 - D. All of the Above
2. If your friend is using drugs, what signs might he/she display?
 - A. Skipping class and/or not doing well in school.
 - B. Significant mood changes.
 - C. Borrowing money often or suddenly having extra cash.
 - D. All of the Above.